



## Friends of Ostomates Worldwide-USA

The Mission of Friends of Ostomates Worldwide-USA, a non profit volunteer-run organization, is to provide ostomy supplies and educational materials to help ostomates in need around the world.

### Officers and Directors

#### President

Fred Moore Oakland Park, FL  
954-484-0794  
president@fowusa.org

#### Vice President

Stuart Grossman Louisville, KY  
502-426-7266  
vicepresident@fowusa.org

#### Secretary

Marilyn A. Mau Park Ridge, IL  
848-823-6312  
secretary@fowusa.org

#### Treasurer

Donald P. Binder Los Angeles, CA  
323-935-7903  
treasurer@fowusa.org

#### Membership Secretary

Ival Secrest Portland, OR  
503-860-4609  
membership@fowusa.org

#### Past President

Mary Jane Wolfe Framingham, MA

#### Directors

Florence Cohen Wayland, MA  
Crina Floruta Westlake, OH  
Phyllis Grossman Louisville, KY  
(Shipping Coordinator)  
Joan Loyd Glenview, IL  
(Warehouse Coordinator)  
Ruth Salinger Bethesda, MD  
Jim Spitzer Jamaica Plain, MA  
Mario Pardo Norridge, IL

#### Advisors

Al Maslov, Hollister Inc  
Giancarla Pozzo, ConvaTec

#### Honorary Directors

TennieBee Hall, La Jolla, CA  
Marilyn Spencer, Euclid, OH  
Marilyn Zuckerman, Bethany Bch, DE

Web Site [www.fowusa.org](http://www.fowusa.org)

E-Mail [info@fowusa.org](mailto:info@fowusa.org)

#### Send Supplies to:

**FOW-USA Project SHARE**  
**4304 Regency Dr**  
**Glenview, IL 60025-5200**

## NEWSLETTER

Winter/Spring 2004

Volume XIII Issue 1

### President's Message

Dear friends,

At the FOW-USA annual membership meeting in Las Vegas, the slate of directors presented by the Nominating Committee was accepted unanimously. Phyllis Grossman, Joan Loyd, and Crina Floruta were elected to a second term on our Board of Directors. Jim Spitzer was elected to his first term. At the October semi-annual board meeting the board selected Mario Pardo as a director.

The prestigious FOW-USA Service Award was presented to Joan Loyd for her outstanding work in organizing our new Glenview warehouse.

I was pleased to announce FOW-USA Recognition Awards. They were made to Tammie Escobar and Barbara Conti for their contributions in revising our presentation brochure.

Mike Cherry and Mario Pardo were also recognized for their exceptional assistance at our Glenview warehouse. Renard Narcaroti's award was not only for his warehouse assistance but for his help in negotiating our warehouse lease. The awards were presented to the recipients at our October meeting in Glenview.



Left to Right: Recognition Award recipients, Mike Cherry, Barbara Conti, Tammie Escobar, and (with certificate) Mario Pardo. Not shown, Renard Narcaroti.

Photos by Phyllis Grossman

The flow of donated supplies to Glenview continues unabated. Shipments made to overseas organizations have been gratefully acknowledged when they are received. It certainly is rewarding to know that your contribution has helped some unknown ostomate obtain a decent appliance that might not have been available without your donation.

(continued on page 2)

(President's Message, continued from page 1)

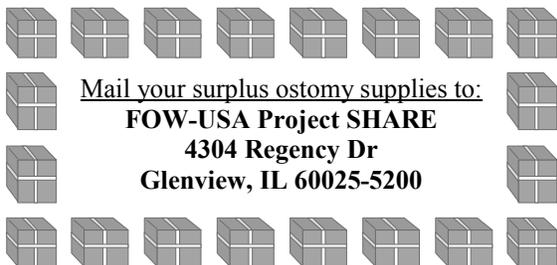
Sometimes I wonder why all of us who are involved with FOW-USA sacrifice so much personal time, energy and money to help some sick person totally unknown to us? While watching our FOW-USA video recently I remembered a story told by a nun at a shelter for homeless children. I think it says it well:

*On the street I saw a small girl cold and shivering  
in a thin dress,  
With little hope of a decent meal.  
I became angry and said to GOD:  
GOD, Why did YOU permit this?  
Why don't YOU do something about it?  
For a while God said nothing.  
That night he whispered to me, I certainly did  
something about it  
I MADE YOU.*

It is appreciated if you are one of the "YOU's" who has been sending supplies to FOW-USA. We also thank those special YOU's who have contributed financial support to FOW-USA for enabling our organization to continue our mission of helping those in need around the world.

If you are not already one of those special YOU's, please consider becoming an annual contributing FOW-USA member. A family member contribution will pay for the shipment of sixty pounds of ostomy supplies to an overseas ostomy support group.

*Fred Moore*



## Literature Report

Florence Cohen

In 2003 we gave eleven World Council of Enterostomal Therapy (WCET) memberships to nine medical doctors and two registered nurses in the following countries: Bahamas, Belarus, Croatia, Ecuador, Egypt, Ethiopia, Indonesia, Nepal, Paraguay, Puerto Rico, and the Ukraine.

This will give them four medical magazines each year.

The memberships were paid by a generous donation from the San Diego chapter of UOA to FOW-USA .

We also sent twelve books, called "Wound Ostomy and Continence Nursing Secrets." The book includes material compiled by 60 medical doctors and nurses.

Eleven books were sent to the medical people mentioned above, and one was sent to the RN,ET who is the director of the stoma clinic at the Tata Memorial Hospital in Bombay, India. These books were purchased and shipped using money from the Mary Di Santi Fund.



## **FOW-USA Service Award**

Written by Marilyn Zuckerman

**F**riends of Ostomates Worldwide-USA is dedicated to providing ostomy supplies and educational information to less fortunate ostomates throughout the world, through Project SHARE. This organization is conducted entirely by volunteers. We receive donated supplies from UOA chapters, individuals, hospitals, pharmacies, and others, and ship them to countries where there is a need and an organization, doctor, or nurse to receive and distribute the supplies free of charge. Since 1988, FOW-USA has shipped over 86 tons of supplies to 44 countries.

Each year FOW-USA presents an award to someone who has made outstanding contributions in helping FOW-USA accomplish its mission. The recipient of the 2003 FOW-USA Service Award is an individual who has generously and enthusiastically given time and energy to support the work of FOW-USA. Our recipient, a longtime member of FOW-USA, has served on the Board as a Director, Secretary, and Packing and Shipping Coordinator.

When someone was needed to research and buy a video camera with FOW-USA funds for an ostomy surgeon from Pakistan, enabling him to make training videos for medical personnel in his country, this individual answered the call. Our recipient also met with the surgeon in the U.S. and presented him with the video camera on behalf of FOW-USA.

But the greatest contribution this person has made to further the FOW-USA cause was to search for and find warehouse space when the organization lost its Ohio collection center last year. Among the tasks taken on by this individual was the negotiation of a lease, arranging for insurance, and pulling together a volunteer packing team, on which our recipient cheerfully serves. With the assistance of the former packing volunteers and shipping coordinator from Ohio, this person set up the new warehouse and developed a schedule for packing and shipping. Our recipient's tireless efforts include overseeing all operations of the warehouse.

For all of these most valuable contributions to Friends of Ostomates Worldwide-USA, we are pleased to honor Joan Loyd with the 2003 FOW-USA Service Award. Thank you Joan, for your commitment to Sending Help And Rehabilitation Everywhere.

## **Report on the Annual Meeting**

Marilyn Mau, Secretary

The Annual Meeting of FOW-USA was held at the UOA conference in Las Vegas, Nevada, on August 12, 2003. After President Fred Moore opened the meeting, the minutes were read and approved. Don Binder reported that in 2002-2003 there were 9.423 pounds of supplies shipped, at a shipping cost of \$11,253.54, and an actual value of almost half a million dollars. As FOW treasurer, he gave the financial report and included the warehouse rental costs and the shipping costs. He again reiterated the need for dues and donations to help pay for these costs.

Florence Cohen reported on the WCET scholarships that FOW had provided. She urged chapters to join and to have a FOW membership campaign in their groups. It helps to show the FOW video and have a FOW program at the chapter level. There are now a total of 233 members.

The exciting moment when Joan Loyd received the Annual Service Award at the UOA luncheon was reviewed and applauded. She has given countless hours of service to the FOW and is invaluable. Other awards were given to Mike Cherry, Mario Pardo, Barbara Conti, Tammie Escobar, and Renard Narcaroti.

The hundreds of hours of volunteer work at the FOW warehouse in Glenview, Illinois, were reported by Joan Loyd. A few people are doing the work of many and she thanked them for their contributions. The warehouse is officially open from 9:00 A.M. to Noon on Monday to Friday. Mario Pardo is responsible for Monday, Wednesday, and Friday and Joan and Marilyn Mau take care of Tuesday and Thursday. One Saturday a month, quite a group of the employees of Hollister Incorporated volunteer their time sorting and packing.

The new slate of board member candidates was elected unanimously. Phyllis Grossman, Joan Loyd, and Crina Floruta were elected to a second term and Jim Spitzer was elected for a first term. Fred thanked everyone for their contributions to the organization and officially closed the meeting.

**FOW-USA MEMBERS****Financial Contributors****August 1, 2002—July 31, 2003****Benefactor**

Florence Cohen \*  
George Colleluori  
Ruth S Mann \*  
Johannah Smith

**Supporting**

Donald P. Binder \*  
Richard Cohen \*  
Jack Fahrenbach \*  
Thomas Heenan \*  
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Elsie L. Smith \*  
Mary Jane Wolfe

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Nu-Hope Laboratories, Inc

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Irving Lipsky \*  
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Helen Berman  
L Wesley Blickenstaff Sr  
William T Bonomi \*

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David & Carol Scott  
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Sheldon Sokol \*  
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Sally Thompson  
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Dan C Tyrrell  
Nicholas J Walsh \*  
Judith Weber  
Dr Arthur L Weinstein \*  
Mr & Mrs Phillip C White \*  
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Ardeth & Al Zamsky \*

**Individual Donor**

William W Adkins  
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Richard Keller  
Dr Lawrence Kron  
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Raymond Rickard  
Doris Robbins  
Leslie Russo  
C A Shum  
Ann C Simmons  
Irene Starr  
Vera Vince  
Dorothy E Wadsworth  
Mr & Mrs William G Williams

**Chapter & Group Members**

**AZ** Southeast AZ Ostomy Assn \*  
**CA** Golden Gate CA Chapter B  
San Diego Chapter B  
San Luis Obispo Chapter  
Sonoma Co CA Chapter  
**CT** Greater Bridgeport Ostomy Assn \*  
Bristol/New Britain Chapter  
**DC** Metro Washington DC Chapter  
**FL** Charlotte Co FL Chapter \*  
**GA** Augusta Area Ostomy Assn \*  
Middle GA Ostomy Assn \*  
**IA** Spencer IA Chapter \*  
**IL** Elgin IL Chapter \*  
N Suburban Chicago IL Chapt  
Quad City IA Chapter \*  
Sterling IL Area Chapter \*  
**KS** Emporia KS Chapter \*  
**KY** Kentuckiana Ostomy Chapter \*  
**LA** Shreveport LA Chapter \*  
**MA** Ostomy Assn of Boston MA \*  
Ostomy Assn of Cape Cod \*  
Ostomy Assn of Springfield MA \*  
**MD** Frederick Co MD Chapter \*  
Harford-Cecil Co MD Chapter \*  
**ME** Central ME Ostomy Assn \*

**MI**

Ostomy Assn of Lansing MI  
Straits MI Area Chapter \*

**MN**

Albert Lea Area Ostomy Group \*

**NE**

Lincoln Nebraska Ostomy Association

**NJ**

Warren Co NJ \*

**NY**

Colostomy Society of New York \*  
Ostomy Support Gp Crouse Hospital  
Oneonta NY Chapter  
Greater Orange Area NY Chapter \*  
Schenectady Chapter \*

**OH**

Akron Ohio Area Chapter \*  
Cleveland OH Ostomy Assn  
Dayton OH Ostomy Chapter \*  
Lima Area United Ostomy Club \*  
Lorain Co OH Chapter \*  
Marion OH Chapter \*  
Portage Co OH Ostomy Group \*  
Steubenville OH Chapter \*

**OR**

Douglas Co OR Chapter \*

**PA**

Beaver PA Chapter \*  
Johnstown PA Chapter \*  
Pittsburgh Affiliate of WOCN Society \*

**SC**

Anderson Area SC Chapter

**TN**

Chattanooga Ostomy Assn

**TX**

Fort Worth TX Chapter  
Midland-Odessa TX Chapter

**WI**

Chippewa Valley Ostomy Assn \*  
Duluth Area Ostomy Group \*

**Chapter Donor**

**AZ** Mission Ostomy Chapter of Tucson  
**CA** Ostomy Assn of Orange Co  
**FL** Broward FL Ostomy Assn  
Greater Orlando & Central FL Chapter  
Sara Tee & Venice FL Chapters  
**IL** Rockford Ostomy Assn  
Short Circuit IL Chapter  
**KS** Wichita Ostomy Assn  
**MD** So Maryland Chapter  
**MI** Grand Traverse MI Chapter  
Greater Hurly-Ironwood WI Chapter  
Kalamazoo MI Ostomy Assn  
Macomb Co MI  
**NE** North Platte NE Chapter  
**NY** Suffolk Ostomy Assn  
**PA** Central PA Ostomy Society  
Lower Bucks Co PA Chapter  
Pittsburgh Chapter  
York Co PA Chapter

\* Giving above required amount for category  
B Benefactor



## Update on the FOW-USA Web Site

<http://www.fowusa.org>

H. R. (Bob) Hall

When you need or want information about FOW-USA for any purpose, always refer to the web site. The information there, such as our most recent shipments and current contact addresses for volunteers and services, is kept as up to date as possible. Between the semi-annual issues of this newsletter, the web site is the place to get information when you want to make a presentation to a group, such as your UOA chapter. You can find out how or where to ship surplus supplies, or simply make a general inquiry, by clicking on FOW-USA's information-request email address.

The "navigation" controls for the web site have been completely streamlined. They are smaller and clearer, and give explanatory "tool tips" when you position your cursor on a "click point" for a short time without actually clicking it.

In addition to our brochure and information pages, the web site retains the two most-recent issues of our newsletter. Our brochure and our newsletters are available in PDF format, and can be viewed, downloaded, and/or printed on your printer. To select either newsletter, position your cursor on the Newsletter click point and a drop-down menu will appear, with click points clearly labeled "Winter," for the current Winter/Spring issue, and "Summer," for the current Summer/Fall issue. These click points also provide tool tips.

On a slightly negative note, the FOW-USA information email address, [info@fowusa.org](mailto:info@fowusa.org), was inoperative for a few weeks at the end of 2003 because of a software technical glitch. This problem has been corrected, and the address is again operating

correctly. If you sent an email message to the address and did not get a response, please try again now; you will receive a prompt response.

## Interesting FOW-USA Facts

Board member and warehouse volunteer Mario Pardo reports,

"After the last board meeting, we started a daily receipt log at the warehouse to measure receipts.

From 10/28/03 thru 01/12/04 we received 113 separate donations consisting of 242 boxes of ostomy and medical supplies."



Board members Ival Secret and Don Binder look over supplies received at the warehouse.



Fred Moore, Ival Secret, Joan Loyd, and Crina Floruta review the sorting process.



Florence Cohen and Ruth Salinger are pleased to see boxes of repacked supplies, ready for shipment.

Photos by Phyllis Grossman

**Friends of Ostomates Worldwide—USA, Inc.**  
Treasurer's Report: August 1, 2002—July 31, 2003  
Submitted by Donald Binder

<b>RECEIPTS</b>	<b>FULL YEAR</b>	<b>2002-2003 BUDGET</b>	<b>% OF BUDGET</b>	
Memberships	23,941.41	28,000	85.5	
Contributions	5,237.00	6,500	80.6	
Grants	5,000	2,000	250.0	
Miscellaneous	0.00	0	0.0	
Interest	838.32	1,200	69.9	
Sub-Total	35,016.73	37,700	92.9	
Special Funds	1,000.00			
Total Receipts	36,016.73	37,700		
<b>DISBURSEMENTS</b>	<b>FULL YEAR</b>	<b>2001-2002 BUDGET</b>	<b>% OF BUDGET</b>	
100 Administration	1,353.03	2,500	54.1	
200 Computer	85.35	200	42.7	
300 Newsletter	1,985.87	2,560	77.6	
400 Promotion	789.68	800	98.7	
500 Packing	1,576.89	2,000	78.8	
600 Shipping	13,288.28	20,000	66.4	
700 Education	0.00	1,000	0.0	
800 Warehouse	10,234.43	8,000	127.9	
Sub-Total	29,313.53	37,060	79.1	
Special Funds	16.00	0		
Total Disbursements	29,329.53	37,060		
Net Income	6,687.20	640		
<b>BALANCE SHEET</b>				
<b>ASSETS</b>	<b>CHKG ACCT</b>	<b>SVGS ACCT</b>	<b>PETTY CASH</b>	<b>TOTALS</b>
Beginning Balance	3,577.72	73,991.56	250.00	77,819.28
Receipts	6,792.00	197.06	0.00	6,989.06
Disbursements	(7,136.63)	0.00	0.00	(7,136.63)
Transfers	0.00	0.00	0.00	0.00
Ending Balance	3,233.09	74,188.62	250.00	77,671.71
<b>LIABILITIES &amp; FUNDS</b>	<b>GENERAL FUND</b>	<b>SPECIAL FUNDS</b>	<b>RESERVE FUND</b>	<b>TOTAL S</b>
Beginning Balance	53,433.65	4,385.63	20,000.00	77,819.28
Receipts	6,989.06	0.00	0.00	6,989.06
Disbursements	(7,136.63)	0.00	0.00	(7,136.63)
Transfers	0.00	0.00	0.00	0.00
Ending Balance	53,286.08	4,385.63	20,000.00	77,671.71
<b>SPEC FUNDS</b>	<b>BEG. BAL.</b>	<b>RECEIPTS</b>	<b>DISBURS.</b>	<b>END BAL.</b>
Mary Disanti Mem	3,385.63	0.00	0.00	3,385.63
WCET Journals	1,000.00	0.00	0.00	1,000.00
Totals	4,385.63			4,385.63



TennieBee M. Hall, Editor  
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## Winter/Spring 2004 NEWSLETTER



**Project SHARE Video is Available  
for Chapter Meeting Programs**  
Donald P. Binder

The FOW-USA video tape program, Project SHARE (Sending Help and Rehabilitation Everywhere), is available on a loan basis, free, for use by UOA chapters or other groups. The tape is approximately 12 minutes and explains the purpose and the workings of the Project SHARE program of collecting, then sending, ostomy supplies to needy ostomates in other countries.



Send requests to **Jim Spitzer, 41 Morton St. #27, Jamaica Plain, MA 02130;**  
phone 617-524-3955; fax 617-452-8505; e-mail [jspitzer@aol.com](mailto:jspitzer@aol.com)

Please specify date wanted, a phone number or fax number, and where to mail the tape. Allow at least 3 weeks lead time from the date requested. The tape is to be returned after the showing.